



**Factory
Improvement
Toolset**

Tools Catalogue

2019/20



International
Labour
Organization

A sustainable, scalable approach to factory upgrading





FIT Tools Catalogue 2019/20

The Factory Improvement Toolset (FIT) is an innovative self-facilitated, activity-based programme designed by the International Labour Organization (ILO) to create more decent and sustainable employment. FIT supports manufacturers in global supply chains to improve productivity, competitiveness and working conditions by upgrading production systems and factory practices.



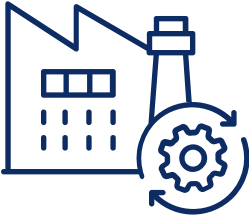
Target participants. FIT modules are available for both managers and workers. With each module lasting no more than 2.5 hours, FIT enables businesses to reach more personnel than a conventional training, whilst minimizing interference to production realities.



Training methodology. Working in small groups, participants review real-life situations and engage in discussions to determine improvements to be made in factory. This self-facilitated, activity-based and highly participatory learning approach positions participants as both student and teacher.



Tools selection. FIT can be utilized as stand-alone learning tools or to complement other training programmes. Factories can select from a wide range of topics to design a training programme aligned to their own needs.



FIT available tools

FIT consists of a wide range of gender and environmentally responsive modules, divided into three categories: production, support systems and working conditions. Modules are built on internationally recognized approaches such as lean manufacturing and 5S.



Production

36
modules

Covers different production departments in a factory



Support systems

16
modules

Covers various aspects of operating a factory



Working conditions

6
modules

Covers working conditions in a factory



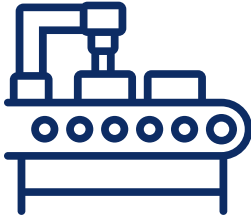
FIT is available in the following languages:

English, Bengali, Khmer, Vietnamese and Chinese.



Production

**Improve
productivity
from the
sample room to
factory floor**



Production

The “Production” package is divided into five series accounting for the main production departments of a garment factory. Each of the 36 modules focuses on a specific operation such as issuing, storing, and cutting. The content is tailored for participants to increase productivity by improving production practices in a sustainable, systematic manner.

Sample room. Participants focus on quality to help improve garment quality further down the production line and reduce pre-production lead times.

Available modules	
Using tech packs	Storing & recordkeeping
Sampling & patternmaking	Organizing your sample room

Storerooms. Participants focus on maintaining quality and improving inventory practices in a way that minimizes material waste or damage, reducing avoidable material costs.

Available modules	
Receiving materials	Record-keeping
Inspecting materials	Issuing materials
Storing materials	Organizing the storerooms



Cutting room. Participants are run through all steps of the cutting process, from planning to bundle issuing. Modules focus on minimizing fabric waste and maximizing cutting efficiency in a view to reducing costs and improving productivity.

Available modules	
Planning for cutting	Cutting fabric
Marker planning	Preparing for sewing
Ensuring marker efficiency	Cut inspection
Receiving fabric	Issuing bundles
Spreading fabric	Organizing the cutting room



Sewing room. Participants learn how to better plan, track and balance production while improving garment quality, production systems and line layouts. Modules focus on improving quality and productivity in the sewing lines.

Available modules	
Using the bundle system	Assembling garments
Making an operation bulletin	Tracking production
Line planning	Line balancing
Setting new lines	Checking garments
Receiving materials	Issuing garments
Organizing the sewing room	

Finishing room. Participants are guided through crucial finishing operations such as washing, ironing, checking, tagging and packing. Modules focus on improving overall efficiency and reducing defects to cut costs and improve quality.

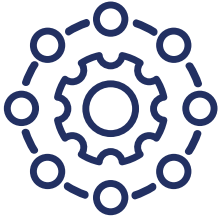
Available modules	
Washing garments	Packing garments
Finishing garments	Dispatching garments
Inspecting garments	



Support systems

**Create
systems
for optimizing
factory
operations**





Support systems

The “Systems” package covers different aspects of operating a garment factory. The package is divided into 3 series outlining the main support systems of a garment factory. Each of the 16 modules focuses on a specific topic of relevance to general factory operations. The content is tailored for participants to set up, improve and maintain their factory systems in order to increase overall productivity.

Production systems. Participants learn how to improve production planning and control; to increase productivity across the factory by improving processes; and reduce waste and produce in a cleaner, more environment-friendly way.

Available modules

Planning & controlling production

Identifying bottlenecks with CPM

Measuring & recording productivity

Improving processes with PDCA

Material productivity

Cleaner production 1: Reducing resource use

Cleaner production 2: Reducing waste and pollution



Factory systems. Participants learn how to better design, organize and maintain the factory and its departments.

Available modules

Organizing the factory

Maintaining the factory

Managing machinery



Staff management systems. Participants learn how to set up and sustain human resources systems, and how to improve workplace relations and communication.

Available modules

Improving communication channels

Improving communication skills

HR management 1

HR management 2

Training staff

Reducing turnover



Working conditions

Enhance
working
conditions
for everyone





Working conditions

The “Working conditions” package covers several aspects related to working conditions for everyone in the factory. The package is divided into two series – Health & safety, and Gender & disability. Each of the 6 modules focuses on a specific topic of particular relevance to garment factories. The content is tailored for participants to improve workers’ health, safety and well-being at work while increasing labour productivity.

Health and safety. Participants focus on tailoring and setting up sustainable systems to improve worker’s health, safety, and welfare.

Available modules

Introduction to occupational health & safety (OSH)

Better ergonomics

Improving welfare

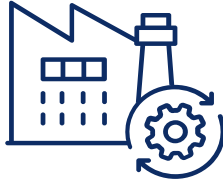
Gender and disability. Participants engage in steps to prevent and deal with sexual harassment in the factory, as well as creating a more inclusive work environment.

Available modules

Dealing with sexual harassment 1 - Raising awareness

Dealing with sexual harassment 2 - Preventing and addressing

Inclusive factory practices



Also available in the FIT series:

FIT Implementation guide:

For partners delivering FIT services to garment factories

FIT Facilitation manual and checklist:

A manual on how to facilitate a FIT session

FIT Monitoring guide:

A how-to guide on how to monitor your FIT improvement process

FIT Promotional toolkit:

A marketing kit for promoting FIT tools and services

Available orientation modules:

Setting up your factory for FIT:

For factories preparing for a FIT improvement process

Solving problems in the factory:

An orientation module for factory staff that have never participated in FIT sessions before.



FIT is being piloted in Asia under the regional Decent Work in the Garment Sector Supply Chains in Asia project funded by the Government of Sweden



For more information about FIT, contact:

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